

COLLEGE AVENUE COMPACT: A K-16 SCHOOL/COMMUNITY/UNIVERSITY PARTNERSHIP TO PROMOTE COLLEGE AND CAREER READINESS FOR ALL STUDENTS



-TRISH HATCH
-TRINA LE (IN ABSENCE)
SDSU GRAD STUDENTS



### Overview of Session

- SDSU's School Counseling Program
- Demographics of City Heights Neighborhood
- City Heights Educational Collaborative
- College Avenue Compact/GEARUP
- San Diego State School Counseling Partnership
  - CSP 622B Achievement Gap Data Project
  - CSP 645 P16 College/Career Readiness Course
  - CSP 710B ASCA Model
  - CSP 730 Site Placement (Fieldwork)
- Cardinal Camp Results!
- Design Goals Implement Goals
- SDSU GEAR UP Collaborative Fieldwork
- Q & A



#### culturally responsive practitioners & educational leaders

COLLEGE OF EDUCATION

#### DEPARTMENT OF COUNSELING & SCHOOL PSYCHOLOGY

Programs of Study

Admissions

Projects & Initiatives

Faculty

Student Resources

News & Events

#### Welcome to the School Counseling Program!

Did you miss Future School Counselor Day?

Download the Presentation Here!

E-mail schoolga@yahoo.com for more information.

Class of 2013 please click here for commencement information

#### School Counseling

- School Counseling Home
- Admissions
- Military Grant Opportunity
- Native American Grant Opportunity
- Faculty
- News & Events
- # FAQs











Note: The LiveBinder Access Code is sdsu.

#### **Program Details**

· Download the Sequence of Study for Full-Time Students



#### **Mission Statement**

The mission of the SDSU School Counseling program is to prepare school counselors to become leaders, advocates and systems change agents in our diverse schools. As an integral part of the total educational program for student success, school counselors learn to design, develop, implement and evaluate their comprehensive school counseling program to ensure that every student receives developmentally appropriate competencies in academic, career and personal/social development. School counselors become professional student advocates who promote equity and access to a rigorous education for every student and who work to prevent and remove barriers to learning. Our School Counseling graduates develop themselves as culturally competent leaders in educational reform and social justice in the schools and communities they serve.

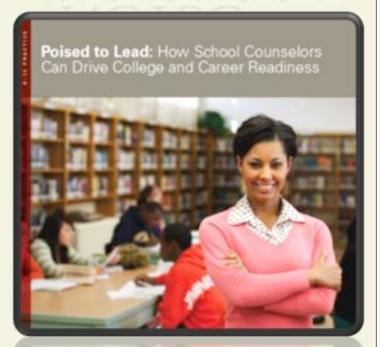
### **University Training Programs**

- Revise job descriptions
- Shift university training programs
- Align and tighten state credentialing requirements
- Provide support to existing school counselors
- Align school counselor evaluations to academic outcomes

National Training Initiative for School Counselor Educators

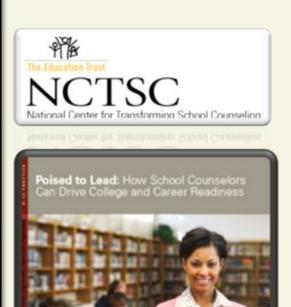


National Center for Transforming School Counseling

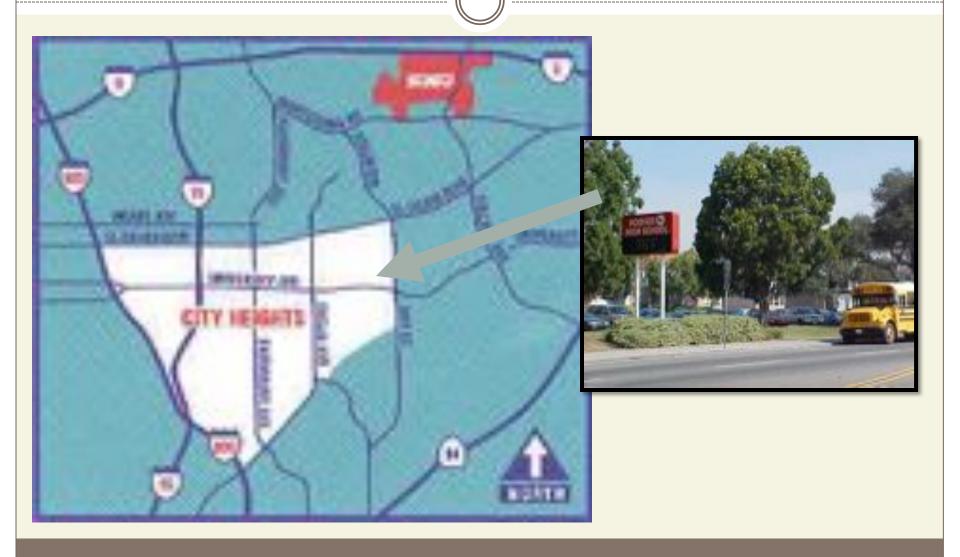


### **University Training Programs**

There are school counselor preparation programs that stand out for their excellence, however. San Diego State University and the University of North Florida are two examples. Both these programs list educational equity and academic success for every preK-12 student as part of their mission statements.65 Since the majority of the courses they offer enroll only school counseling students, these programs are free to build curriculum, field experiences, assignments, and assessments around education issues. These successful programs teach students how to use data to support decision making, and develop strategies for removing institutional barriers to student success. Meaningful field experiences start early in the program and professors get out into the K-12 schools along with their school counseling students. This latter practice allows instructors to stay current on the issues, challenges, and opportunities that in the seal could advertise at contra



### Where is City Heights?



### Hoover High School

- 42% English Language Learners
- o 97.8% Free/Reduced Lunch
- 29.4% reported using alcohol or drugs in the past 30 days.
   (California Healthy Kids Survey)

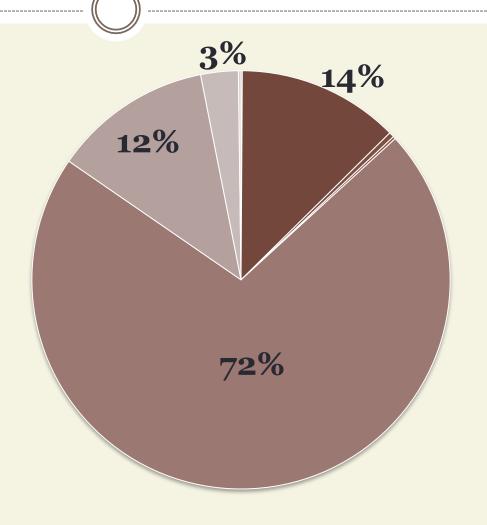




### Student Demographics ~ Hoover High

Asian

- Hispanic or Latino
- Black or African American
- White



# City Heights Educational Collaborative Partnerships

The City Heights Educational Collaborative is a K-12 coordinated public education partnership with the goal of achieving excellent educational outcomes for inner city children.



#### Partners include:

- San Diego State University
- San Diego Education Association
- Price Charities





# COLLEGE AVENUE COMPACT

#### Benefits

- Guaranteed admission to SOSU with the option to-connect through San Diego City College (SDCC)
- Guidance while at SOSU/SDCC to help you graduate in flour years

#### Requirements

Eligibility begins with-enrollment at Hoover High. School in grade 9. Upon graduation from Hoover High School, students must have completed the following:

- Compete the 15-unit "a-g" college preparatory source requirements
- Maintain a 3.0 GPA in "a-g" college preparatory courses
- + Have taken the SAT or ACT test
- Satisfy the SOSU Baby Level Mathematics (SLM) test
- Satisfy the SDSU English Placement Test (EPT):
- Pass the California High School Exit Exam (CAHSEE)

#### A-G Requirements

- A U.S. History, Government/World History 3 years
- English 9-12
   4 years (SLD 7-6 may apply)
- Algebra, Formal Geometry, Intermediate Algebra, Math Analysis, Calculus 1 years, 4 recommended
- Biology, Chemistry, Physics
   I years, 3 recommended
- Foreign Language
- Visual and Performing Arts
   1 year (must be a year-long-counse)
- G College Preparatory Elective or additional year of any of the allowe subject areas 1 year

2 years learner benguaget; 3 reconstrumended

#### The Road to College

#### Dementary School

- Learn about college by attending "I'm Going to College" classesses levions and paved workships about College preparation.
- ☐ Main Scott

#### Market Street

- Attend: "College: Making II Happen" presentations with parents to Nam phood college requirements, callings systems, and financial ast.
- C) YAN SORAL

#### 2016

Crear procedured four year stabilities plan-with school communities.

#### **High School**

- [3] Work with College Avenue Compact advisors and madests fore SDNA NOCC to maintain university eligibility and address the "a g" coasta representate, GPM, and uses of roots.
- E3 West SERRIF and SDICE
- Parenty Atland workshops to review university requirements, shadlers, and financial sid.

#### 10000

Attend the College Aurius Compact introductory assembly to leave attend program requirements and how to plan for college.

#### The same of

Florid by passing the California Might black for Even (CARGE).

#### SHOW ST.

- Take the CST Augmented Not and SALIACT exercisituring the going seminals.
- Attend the College Assess Compact assembly to recognize 11<sup>th</sup> grade displicits who have maintained elophists;

#### Charles II

- (1) Apply to SDSU October 1. Movember 30 of your series year.
- 3 Segroup for community college placement tests or the full of your sensor pre-
- (2) Apply for financial set using the FRESA in Lensury of sensor pass
- While with school counselors to apply for scholarities.

The College Area as Compact is part of the Chymeytric Databased Collegement, as recognize educational between disreposit is passed from the property and assessment for College State (in passed from the Chymeytrian State (i

### College Avenue Compact is designed to...

- Establish a college-going culture in all Collaborative schools – elementary, middle, and high school.
- Prepare students for the rigors of college.
- Guarantee admission to SDSU.
- Provide academic support while at SDSU.





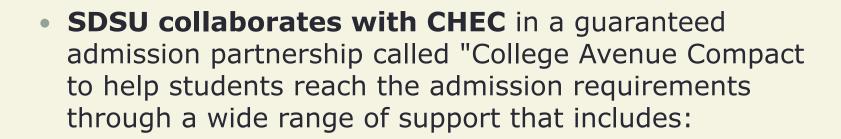


### College Avenue Compact Benchmarks

- Enroll by 9<sup>th</sup> grade at Hoover High
- Attain a 3.0 "a-g" GPA (at time of SDSU application & graduation)
- Complete all "a-g" course requirements with grade C or better
- Satisfy the ELM (Entry Level Math Test)
- Satisfy the EPT (English Placement Test)
- Take the SAT Reasoning or ACT exam
- Pass the CAHSEE
- Graduate from Hoover High School

### College Avenue Compact





http://thechec.org/







### College Avenue Compact K-16

#### College Avenue Compact K-16 Plan for Post-High School Opportunities

Source: http://thechec.org/

| Grade | Classroom Focus                                                                                                                                                                                                                                                            | Programs and Activities                                                                                                                                                                                                                                                                                             | Parent Workshops                                                                                                                                                                                                                                                                                  |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| (-)   | Career Awareness (In-class lessons delivered by school counselor) Vocabulary Building: Careers, College, Character Education Emphasizing world of work (e.g., good attendance, responsibility, cooperation) Character development program (STAR, trait of the month, etc.) | Collaborative College Day Guest speakers, field trips re: careers and college Give existing programs/staff a career focus (e.g., music, community garden) Grade 3 SDSU field trip (America Reads) College bulletin boards (Heover kids at college, etc.) College field trips with vocab lists; in-class vocab lists | Families in Schools workshops     Parent institute for Quality     Engagement (PIQE) workshops     Parent Center workshops (director and staff)     Academic workshops (PAL)                                                                                                                      |
| 4-5   | What is College? Exploring Careers (In-class lessons) (counselor) Career Awareness unit developed by counselor Give existing programs/staff a career focus Character Education Character development program (STAR, trait of the month, etc.)                              | Collaborative College Day     4th grade I'm Going to College program (parent workshops included)                                                                                                                                                                                                                    | I'm Going to College workshops for<br>4th grade parents; Cal SOAP, 4th<br>grade teachers, PAL, Parent Center,<br>CAC Tutors     Families in Schools workshops<br>(transition to middle school     PIQE workshops     Parent Center workshops (director<br>and staff)     Academic workshops (PAL) |

### GEAR UP: Learning to Counsel Continuum

| GEAR UP to College Avenue                       |                                                                                                                                                                                        |                                                          |                                                                                   |  |
|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------|--|
|                                                 | • Material                                                                                                                                                                             | Provides infrastructure ls • Personnel • Admin Oversite  |                                                                                   |  |
|                                                 | Learning to Teach                                                                                                                                                                      | Learning to Counsel                                      | Community Schools                                                                 |  |
| Partner  SDSU  San Diego City Community College |                                                                                                                                                                                        |                                                          | Price Charities                                                                   |  |
| Structure                                       | Professional Dev<br>Pre-Credentialing Ea<br>Credentialing of New T<br>In-Service Train                                                                                                 | Parent Centers                                           |                                                                                   |  |
| Focus                                           | College Prep Curriculum Improve Instruction                                                                                                                                            | Compact Requirements Improve Counseling                  | Increase Students' and Families' College Knowledge and Postsecondary Expectations |  |
| Outcomes                                        | Increased Achievement Increased Graduation Increased Knowledge and Expectations about College for students & their families Increased Postsecondary Enrollment/Participation & Success |                                                          |                                                                                   |  |
| Direct<br>Services                              | Tutoring<br>Mentoring<br>Monitoring                                                                                                                                                    | Academic Advising Provide Role Models College Activities | Parent Health Services Parent Social Services Parent Information                  |  |
| Fig. 1 Conceptua                                | Model for GEAR UP to College Ave                                                                                                                                                       |                                                          |                                                                                   |  |

| -  | Master of Science Degr                                      | ee in Counseling: School Counseling                                               | -  |
|----|-------------------------------------------------------------|-----------------------------------------------------------------------------------|----|
|    | SZ. Common Core (6 units):                                  | 2. Common Core (6 units):                                                         |    |
|    | ED 600 Methods of Inquiry (3)                               | ED 650 Methods of Inquiry (8)                                                     |    |
|    | CSP 600 Cross-Cultural Counseling Communication Skills (2)  | CSP 400 Cross-Cultural Counseling Communication Skills (2)                        |    |
|    | CSP 6000, Chess-Cultural Counseling Pre-gnacticure (3) CVNC | CSP 6001, Dress-Cultural Counseling Pre-practicum (3) CV/MC                       |    |
|    | 3. Foundations (minimum 6 units):                           | 3. Foundations (minimum 10 units):                                                |    |
|    | CSP 6100 Determinants of Human Behavior Development (3-8)   | CSP 605 Theoretical Foundations of Counseling and Marriage and Family Therapy (S) |    |
| 20 | Foundations of the Profess                                  | ional School Counselor Leader (3                                                  | 3) |
| 24 | Learning Achievement & In                                   | struction for School Counselors (                                                 | 3  |
| in | Social Justice and Malletic S                               | chanl Customs for School Course                                                   | 1. |

CSP 62

CSP 62

CSP 645 College Planning and Career Development P-16 (3)

CSP 769 Achievement Gap: Leadership, Advocacy, Systemic Change (3)

CSP 775 ASCA National Model I: Developing and Implementing a School Counseling Program (3)

CSP 776 ASCA Model II: Evaluating and Improving School Counseling Programs (3)

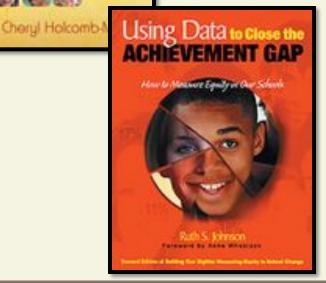
CSP 742 Policy, Politics, Ethics, Law, & for School Counselors (1-3)

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|-------------|
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| gy (1)      |
| attion with |
|             |
|             |
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### CSP 622B Achievement Gap

School
Counseling
TO CLOSE THE
Achievement
Gap

**Bryant** 







### Data Analysis:

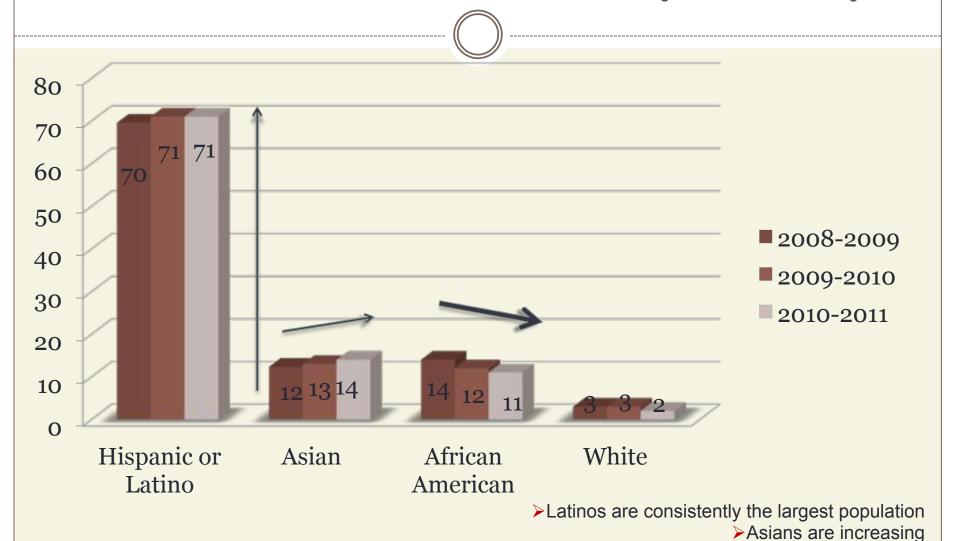
HOOVER HIGH SCHOOL

HuMaRo Hugo Gonzalez | Maia Weldele | Roberta Cruz

### Overview of Hoover Data Project (Mini)

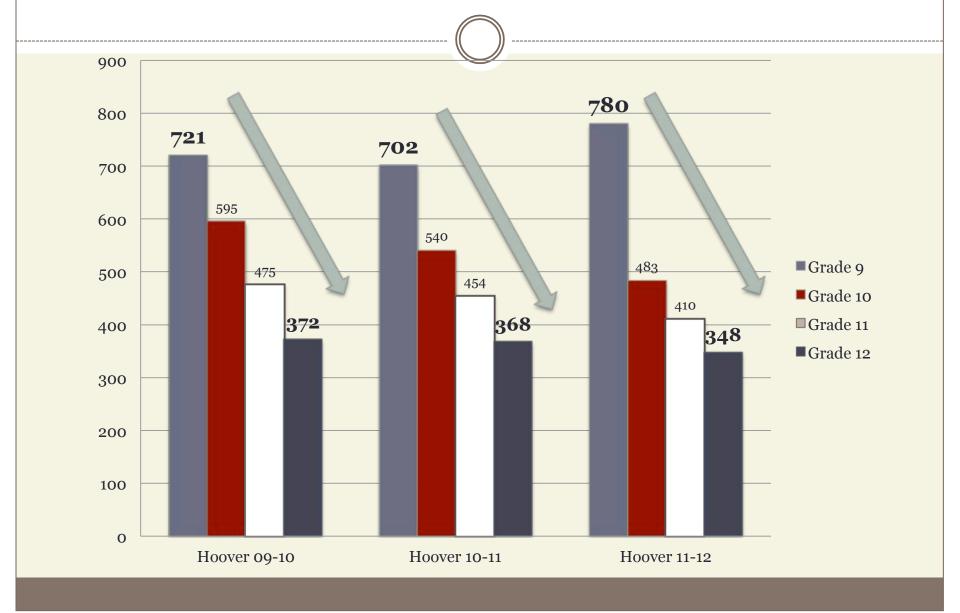
- Background Information
- Staff Perceptions
- School Enrollment
- Graduation Rate
- CAHSEE
- A-G Completion
- Tests: Advanced Placement & SAT
- Areas of Need
- Areas of Strength
- Recommendations

### Hoover Student Enrollment by Ethnicity

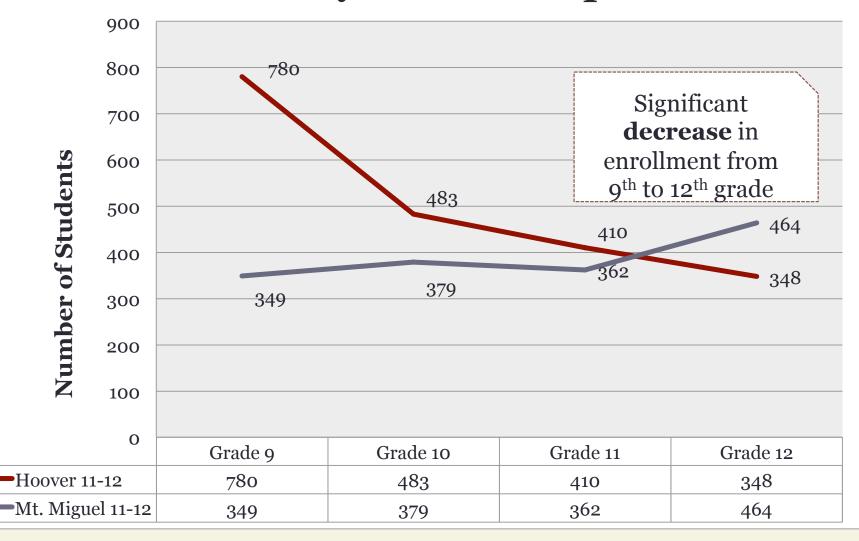


African Americans are decreasing

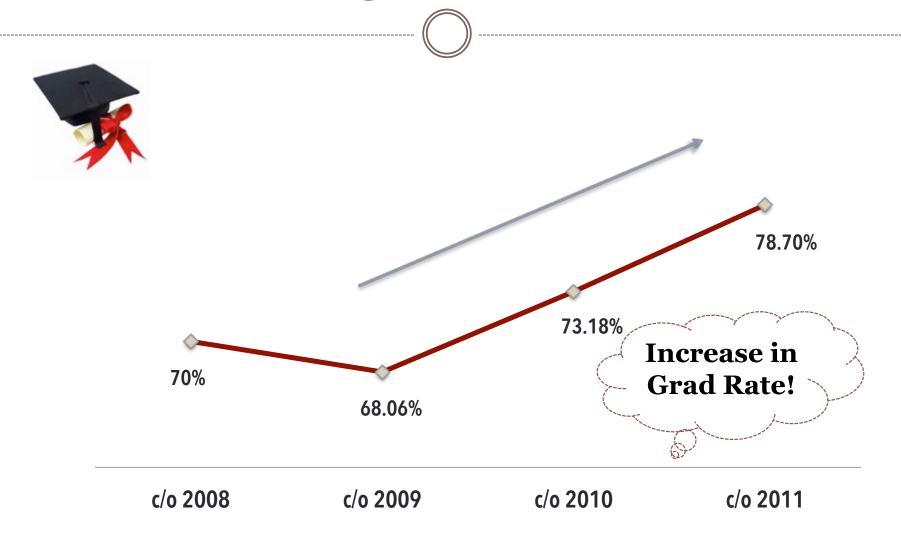
#### Hoover Enrollment Over Time



#### **Enrollment by Grade Comparison**



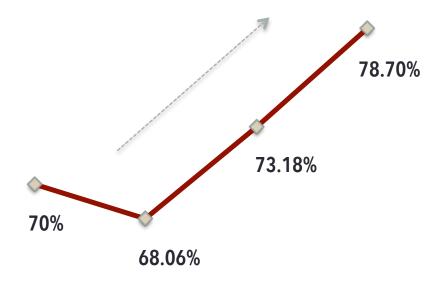
### Hoover High Graduation Rate



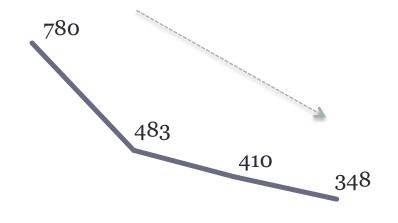
#### **Higher Grad Rate, but Decreasing Enrollment**



#### **Graduation 11-12**



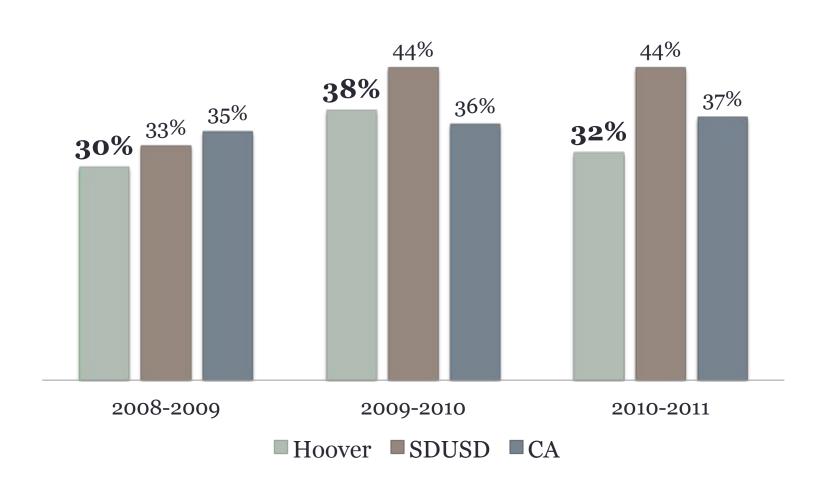
#### **Enrollment 11-12**



c/o 2008 c/o 2009 c/o 2010 c/o 2011

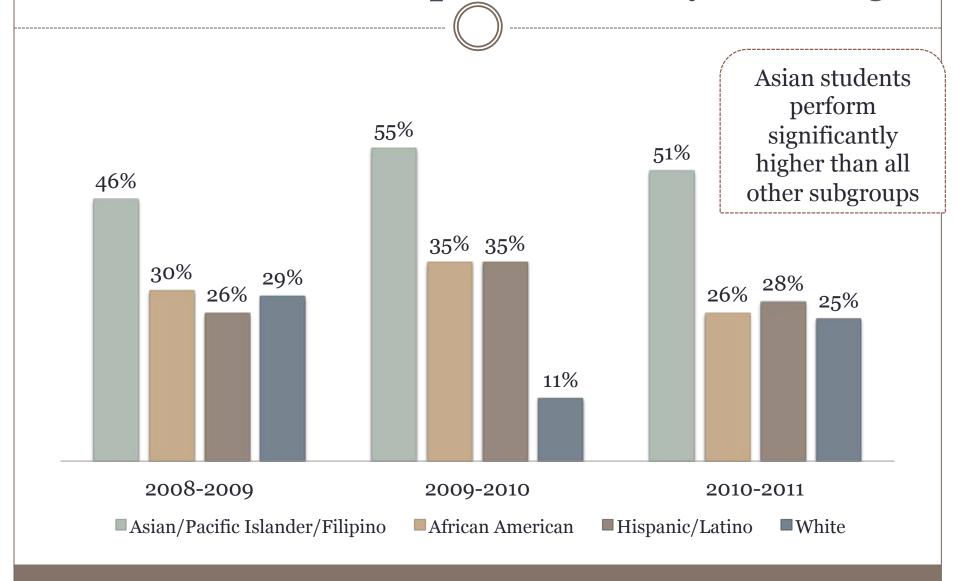
Grade 9 Grade 10 Grade 11 Grade 12

#### A - G Graduate Completion Rate Comparison: Hoover, SDUSD & CA 2009-2011



#### Hoover High School 2009-2011

#### A - G Graduate Completion Rate by Ethnicity



### CSP 645: P-16 College/Career Readiness

#### Redesigned course to align with:

- NOSCA 8 Components
- Ed Trust
- ASCA Model
- NACAC
- YMOC
- Cardinal Camp at Hoover High School

# Obama Set a Goal for College/Career Readiness. Is a Miracle Necessary to Obtain it?

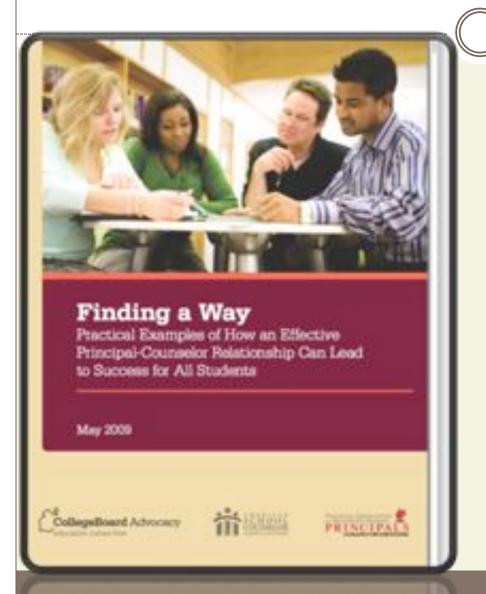
- "By 2020, America will once again have the highest proportion of college graduates in the world ...
- So tonight I ask every American to commit to at least one year or more of higher education or career training ... every American will need to get more than a high school diploma."

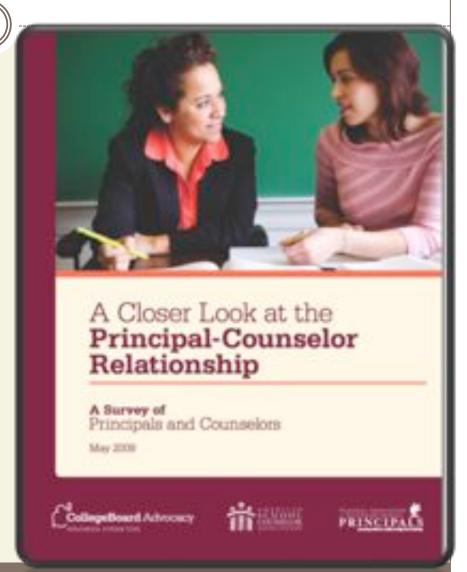
President Barack Obama Address to Joint Session of Congress February 24, **2009** 

### Three Guides from College Board



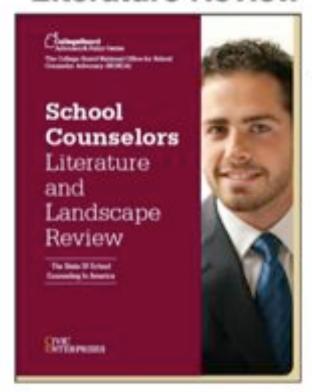
### Counselor Principal Relationships



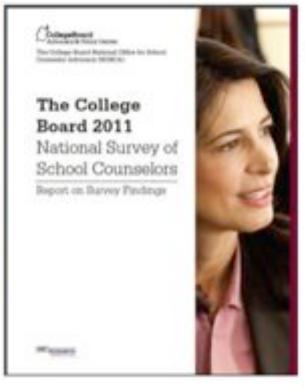


### College Board NOSCA 2011

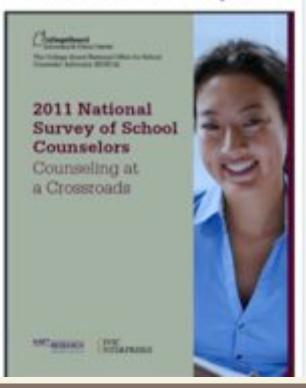
#### Literature Review



#### **Technical Report**



#### Narrative Report

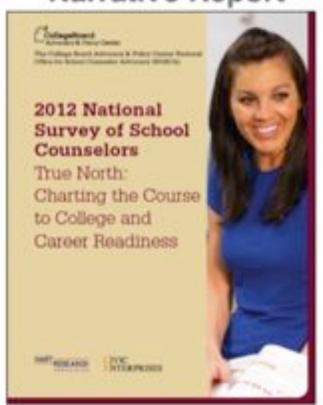


### College Board NOSCA 2012

#### **Technical Report**



#### Narrative Report



| Command Installant                                  | tht Components of College and Career Readiness                                                                        |  |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--|
|                                                     | ntation examples from Clinton High School, Iowa                                                                       |  |
| College Aspirations                                 | Clinton High School, Iowa (artifacts)                                                                                 |  |
| oal: Build a college-going culture based on early   | -Bulletin board in the library with staff members' college background                                                 |  |
| ollege awareness by nurturing in students the       | -Bulletin board outside the counseling office with seniors' official college choices                                  |  |
| onfidence to aspire to college and the resilience   | -Posters and brochures from community, two-year and four-year colleges hung on the                                    |  |
| overcome challenges along the way. Maintain         | walls in the school counseling office and throughout the school                                                       |  |
| gh expectations by providing adequate supports,     | -College pennants hung around the school counseling office                                                            |  |
| uilding social capital and conveying the            |                                                                                                                       |  |
| onviction that all students can succeed in college. |                                                                                                                       |  |
| Academic Planning for College and Career            | -Four-year plans on www.ihaveaplaniowa.gov                                                                            |  |
| eadiness                                            | -ConnectEDU                                                                                                           |  |
| oal: Advance students' planning, preparation,       | -"How to Succeed in College" presentation by ICAN                                                                     |  |
| articipation, and performance in a rigorous         | -Individual graduation plans/career portfolios (grades 5–12)                                                          |  |
| cademic program that connects to their college      | -College planning night and college fair (grades 8–12)                                                                |  |
| nd career aspirations and goals.                    | -Career seminars                                                                                                      |  |
|                                                     | -Career and educational planning guide                                                                                |  |
|                                                     | -Freshman transition guide                                                                                            |  |
|                                                     | -Junior planning guide                                                                                                |  |
|                                                     | -Senior planning guide                                                                                                |  |
|                                                     | -Senior survey                                                                                                        |  |
|                                                     | -Classroom guidance lessons                                                                                           |  |
|                                                     | -Individual registration meetings                                                                                     |  |
| Enrichment and Extracurricular Engagement           | -LEAD (Leaders Emerging and Developing)                                                                               |  |
| oal: Ensure equitable exposure to a wide range      | ble exposure to a wide range -Partnership with Ashford University                                                     |  |
| f extracurricular and enrichment opportunities      | -GO 4-IT (Giving Organization for lowa Teens)                                                                         |  |
| nat build leadership, nurture talents and           | -Partnership with Clinton Co. Dev. Assoc.                                                                             |  |
| terests, and increase engagement with school.       | -CHS Student Ambassadors                                                                                              |  |
|                                                     | -Use of data for programs such as AP and PLTW to ensure underrepresented student                                      |  |
|                                                     | participation                                                                                                         |  |
|                                                     | -Promotion of extracurricular activities and clubs during registration, orientation, paren                            |  |
|                                                     | nights, and Freshmen Frosty Fridays                                                                                   |  |
| College and Career Exploration and Selection        | -Senior college visit seminars                                                                                        |  |
| rocesses                                            | -Careers                                                                                                              |  |
| oal: Provide early and ongoing exposure to          | -Specific topics: writing essays, letters of recommendation, study skills, test-taking skills                         |  |
| speriences and information necessary to make        | -Current college student visits                                                                                       |  |
| formed decisions when selecting a college or        | -College admission representatives                                                                                    |  |
| areer that connects to academic preparation and     | -Job shadows                                                                                                          |  |
| iture aspirations.                                  | -Work experience program                                                                                              |  |
|                                                     | -Classroom Guidance Lessons                                                                                           |  |
|                                                     | -GEAR UP-Class of 2014                                                                                                |  |
|                                                     | -CHS college fair (grades 8–12)                                                                                       |  |
|                                                     | -Parent panel                                                                                                         |  |
|                                                     | -Ask Me About My College Day                                                                                          |  |
|                                                     | -CCC career and college fair (juniors)                                                                                |  |
| College and Career Assessments                      | -Plan to attend four-year college/university: 38 percent                                                              |  |
| oal: Promote preparation, participation and         | -Plan to attend two-year college: 35 percent                                                                          |  |
| erformance in college and career assessments by     | -Plan to attend vocational/technical school: 6 percent                                                                |  |
| I students.                                         | -Furthering their education: 79 percent                                                                               |  |
|                                                     | -Plan to enter the military: 4 percent                                                                                |  |
|                                                     | -Plan to work: 17 percent                                                                                             |  |
|                                                     | -14 Career/college seminars given in response to 343 senior student requests                                          |  |
|                                                     | -1 small group (anxiety) resulted from student needs                                                                  |  |
|                                                     | -ACT given to all juniors; PACE the ACT prep course (scholarships available) -COMPASS test available for all students |  |
|                                                     |                                                                                                                       |  |

### **Setting Goals**

| Goal Areas                                | Elementary School                                                                                                                     | Middle School                                                                                                                                    | High School                                                                                                                                                                                                                                                                     |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FAFSA                                     |                                                                                                                                       |                                                                                                                                                  | percent increase in the percentage of students who apply for FAFSA.                                                                                                                                                                                                             |
| Credits                                   |                                                                                                                                       | percent reduction in the number of students academically at-risk (below 2.0 GPA) from Q1–Q3.                                                     | percent reduction in the number of 9th grade students academically at-risk (below 2.0 GPA ) from Q1–Q3.                                                                                                                                                                         |
| Graduation                                |                                                                                                                                       |                                                                                                                                                  | Increase high school graduation rates by percent percent reduction in the number of seniors who are not on target to graduate from Q1–Q4.                                                                                                                                       |
| Graduate College<br>Eligible              | _ percent increase in college-going and college-completion knowledge for students in grades K–5.                                      | _ percent increase in college-going and college-completion knowledge for students in grades 6–8.                                                 | _ percent increase in college-going and college-completion knowledge for students in grades 9–12percent increase in the percentage of students who graduate eligible to attend state college or universitypercent increase in the percentage of students who apply for college. |
| College Going Rates Post Secondary Succes | percent increase in students who know what career pathways are and that they lead to postsecondary certificate and/or degree program. | percent who know pathways that lead to postsecondary certificate and/or degree programs in high-demand, high-wage and family-sustaining careers. | Increase number who attend college by% Reduce need for postsecondary remedial courses by% percent who are graduate and enter postsecondary certificate programs.                                                                                                                |



#### Herbert Hoover High School



Cardinal Camp 2012-13

Hoover High School



Cardinal Camp 2012

July 31-August 10, 2012

Who: Incoming 9th Grade Students

Where: Hoover High School

Time: 7:45am to 1:00pm includes lunch

Cost: Free to incoming Hoover Students

HOO-RYDE

Learn about Hoover culture & traditions.

Learn how to be successful in High School.

Get good grades!

Participate in campus tours and orientation.

Learn more about school resources.

### Cardinal Camp

- Smooth transition to High School
- 95 incoming 9<sup>th</sup> graders
- 10 days of academic skills and social connections
- Rotating schedule
- Four class day (3 Academic)
- One Hoover-pryde (Traditions and Norms)
- 5 Essential Skills
  - o goal setting
  - o self advocacy
  - o self- awareness
  - intergroup relations
  - time management





# Cardinal Camp Run by the SC Department



- Run by the Hoover's School Counseling Department (Trina Le Head Counselor)
- Collaborative Personnel (Kasimu Harley, MFT)
- GEAR-UP Tutors and Mentors
- College Avenue Compact
- Hoover Link Crew
- SDSU's School Counseling Students
- Six (6) Engaging Hoover Teachers

| HOOVER HS CARDINAL Attribute bridging brigging CARD                                 | Day 1:<br>Tuesday<br>July 31, 2012             |                                                       |                                 |                                                                          |  |  |  |  |
|-------------------------------------------------------------------------------------|------------------------------------------------|-------------------------------------------------------|---------------------------------|--------------------------------------------------------------------------|--|--|--|--|
|                                                                                     | "Traditio                                      | "Traditions & Introduction to Essential Skills"       |                                 |                                                                          |  |  |  |  |
| 7:55 = 7:45                                                                         | Check InCarpards                               |                                                       |                                 |                                                                          |  |  |  |  |
| 7:45 - 8:50                                                                         | David Stating Color<br>Pessing Person          | ng Jasson-Plays                                       |                                 |                                                                          |  |  |  |  |
| 2-00 - 2-03                                                                         | High School<br>Residing<br>Owen<br>Room # A-13 | Cornell Roles<br>Richardson<br>Davidson<br>Room # A-2 | Science<br>North<br>Room # 1302 | Motorar Pride<br>Columen, Contreves,<br>Murrox, & Williams<br>Room MA-14 |  |  |  |  |
| 2:03 - 2:18<br>Daily Team Suiting<br>Activities (Simp A-2)<br>8:18 - 9:16 Session 1 | Group A                                        | Group B                                               | Group C                         | Group D                                                                  |  |  |  |  |
| 9 16 - 9 31<br>Nutrition Street                                                     |                                                |                                                       |                                 |                                                                          |  |  |  |  |
| 9:31 - 18:29 Session<br>2                                                           | Group D                                        | Group A                                               | Group B                         | Group C                                                                  |  |  |  |  |
| 10:29 -10:32<br>Passing Percel<br>10:32 -11:30 Session                              |                                                |                                                       |                                 |                                                                          |  |  |  |  |
| 10:32 -11:30 Session<br>3                                                           | Group C                                        | Onse D                                                | Group A                         | Group II                                                                 |  |  |  |  |
| 71:35-12:00<br>Lurch Snash<br>12:05-13:03                                           |                                                |                                                       |                                 |                                                                          |  |  |  |  |
| Passing Period<br>12 80-1 86 Session A                                              | One I                                          | Group C                                               | Group D                         | Only A                                                                   |  |  |  |  |

#### Each Day A Different Theme

- Day 1: Traditions & Intro. to Essential Skills
- Day 2: Getting to Know Myself and Others
- Day 3: Where am I?
- Day 4 & 5: Coming Together as One
- Day 6: Where am I Going?- College & Beyond
- Day 7: Where am I Going?- Career Explorations
- Day 8: I am a Smart and Capable Learner!
- Day 9: Self-Reflection & Application
- Day 10: Pledge: I Can, I Must, I Will Celebration of Success!

#### SDSU Student Roles

#### 1st Year Students

- Rotated with presentations
- Ate lunch with students
- Mentoring students
- Some of us ran the curriculum

#### 2<sup>nd</sup> Year Students

- True Colors
- Naviance
- 4 year plans
- Strengths and career activity
- Study skills/time management

|                    | ,                                                                               |
|--------------------|---------------------------------------------------------------------------------|
|                    | Day 4 & Day 5:<br>Friday & Saturday<br>August 3 <sup>rd</sup> - 4 <sup>th</sup> |
|                    | "Coming Together as One "                                                       |
| :30 AM             | Load Bus/ Depart for SDSU                                                       |
| :45 AM             | Arrive at SDSU                                                                  |
| :45 AM to 12:15 PM | SDSU Aztec Adventure Rotations                                                  |
| 2:15PM - 1:00 PM   | Lunch                                                                           |
| :00 PM             | Load Bus/ Depart for Hoover High School                                         |
| :15PM              | Arrive at Hoover High School/ Release Students                                  |
|                    |                                                                                 |
| :00 PM             | Remind students to Return for Overnight Program @ 5PM                           |
| :00 – 6:00 PM      | Check In Overnight                                                              |
| :00- 7:00 PM       | Pot Luck Dinner                                                                 |
| :30 PM             | Excuse Parents                                                                  |
| :00 PM             | Overnight Program Begins                                                        |
| :00 PM – 6 AM      | Overnight Activities ( See Overnight Agenda)                                    |
| :30- 7 AM          | Breakfast To Go                                                                 |
| AM, Saturday, Aug. | Overnight Ends/ Release Students to Parents                                     |

# Cardinal Camp ~ Essential Skills

| Essential Skills     | Skills Note                                                      | Pre Camp<br>(N=85)<br>Mean | Post Camp<br>(N=65)<br>Mean | Statistically<br>Significant<br>Change? |
|----------------------|------------------------------------------------------------------|----------------------------|-----------------------------|-----------------------------------------|
| Goal Setting         | Successful students know why<br>they are going to school.        | 4.15                       | 4.26                        | No                                      |
| Self-Advocacy        | Students must know where to get help & be willing to ask for it. | 3.9                        | 4.24                        | Yes ✓                                   |
| Self-Awareness       | Students know the areas in<br>which they need help               | 3.88                       | 4.13                        | No                                      |
| Intergroup Relations | Students have friends among<br>one another                       | 9.67                       | 14.12                       | Yes ✓                                   |
| Time Management      | Students know basic time<br>management skills                    | 3.4                        | 3.66                        | Yes ✓                                   |

#### Benefit to SDSU Students (Andrea)

- Seeing how the young students benefited
- True colors activity had powerful impact
- Built on student's strengths and resilience
- Seeing students growth and development
- Watching them become aware of their strengths
- Learning from Hoover High School Counseling team

#### Application into Practice (Monica)

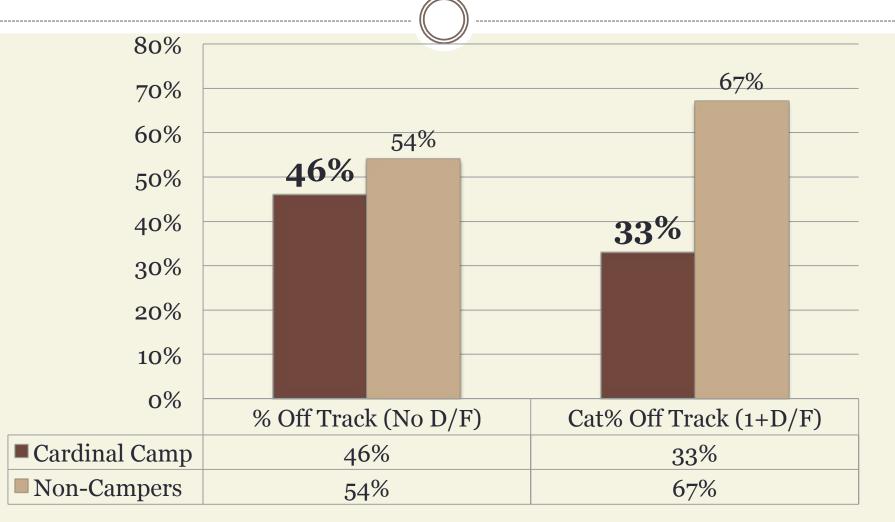
- Reading aligned with activities performed
- Theory into action for College / Career
- Assignment alignment:
  - College Application Process
  - Creating Parent/Student Presentations
    - × Dream Act
    - ▼ Historically Black Colleges
    - ★ A-G (College requirements)
    - **▼** Community Colleges
    - Non-State Universities (private and non traditional)

# What were the RESULTS? 6 – Week Progress... Pretty Good....

|                                               | % On Track    | % Off Track        |
|-----------------------------------------------|---------------|--------------------|
|                                               | (No D or F)   | (1 or more D or F) |
| Cardinal Camp Participants (N =92)            | 46% (42/92)   | 54% (50/92)        |
| Class of 2016 Non-Camp Participants (N = 446) | 33% (147/446) | 67% (299/446)      |

(Corke, M., 2013)

### Six (6) Week Progress.... Pretty Good....



(Corke, M., 2013)

# Cardinal Camp is MAKING A DIFFERENCE! 1<sup>st</sup> Semester Grades (9<sup>th</sup> graders)

Table 1: Cardinal Camp Participant Semester 1 Marks Comparison

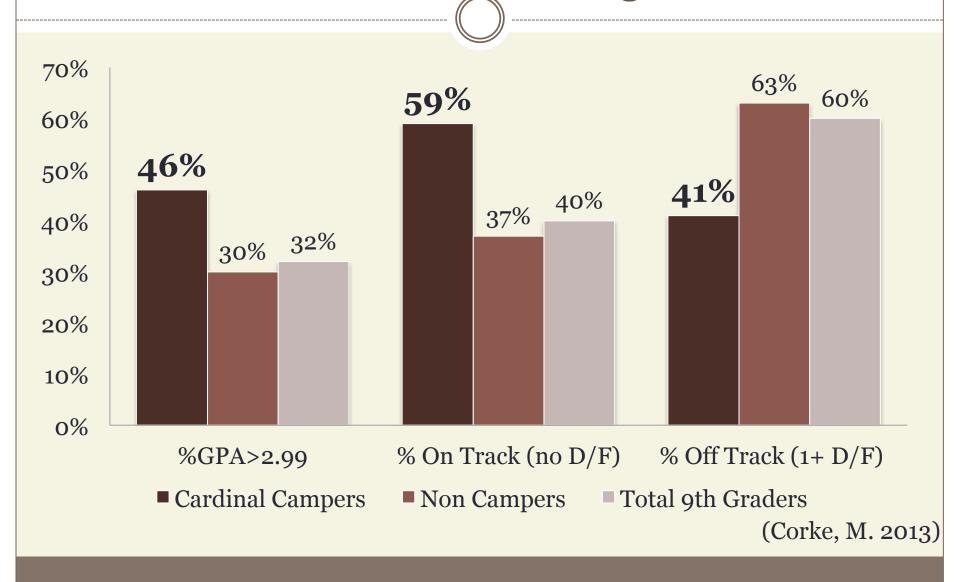
| Hoover Class of 2016 <sup>1</sup> | Student<br>Count | Average Sem1<br>2013 GPA | Count GPA<br>>2,99 | % On Track<br>(No D or F) | % Off Track<br>(1 or more D or F) |
|-----------------------------------|------------------|--------------------------|--------------------|---------------------------|-----------------------------------|
| Cardinal Campers                  | 90               | 2.54*                    | 46% (41/90)        | 59% (53/90)               | 41% (37/90)                       |
| Non-Cardinal Camp                 | 442              | 2.16                     | 30% (131/442)      | 37%(162/442)              | 63% (280/442)                     |
| Total                             | 532              | 2.23                     | 32% (172/532)      | 40% (215/532)             | 60% (317/532)                     |

<sup>\*</sup>Students who participated in two or more days of Cardinal Camp 2012 (Camper Average GPA = 2.54) earned significantly higher Semester 1, 2013 grade point averages than their peers who did not attend Cardinal Camp (Non-Cardinal Camp Average GPA = 2.16). T(530)=2.95,p<.01

(Corke, M. 2013)

#### Cardinal Camp is Making a Difference

1<sup>st</sup> Semester Grades (9<sup>th</sup> graders)



# Congratulations to Cardinal Campers



## What SDSU Students Appreciated Most

- Observing STUDENT: TEACHER Relationships ©
- 9<sup>th</sup> grade teachers built relationships with students
- Allowing students to look at the bigger picture, what they do NOW influences next four years of high school
- Connecting incoming freshman to Link Crew (seniors) motivated the students to participate.
- Link Crew made it safer for the students to participate.

## What SDSU Students Appreciated Most

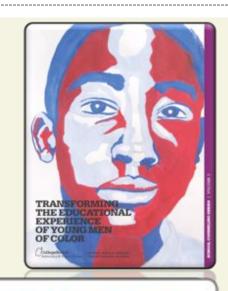
- Trainees connecting with students and parents in a mentoring/supportive role (sharing personal stories)
- Planting the seeds of college-going culture (high expectations)
- Teaching students self-advocacy and self-awareness, and to be comfortable with themselves as individuals (individual strengths and resilience)
- Introducing Naviance to incoming students

#### What SDSU Students Recommend:

- More time with curriculum before it is implemented
- More opportunities to debrief with team leaders
- Consider Parent Cardinal Camp
- More training for group leaders (learning to teach)
- Incorporate activities into the curriculum to create a camp environment (fun environment) versus summer school
- Revise curriculum to meet diverse learning needs
- Making more connections (reinforcing) activities to bigger concepts (e.g. connecting worksheets)

### **Young Men of Color Activity**

"Nearly HALF of the Young Men of Color ages 15-24 who graduate from high school in the US will end up unemployed, incarcerated or dead."



A SOCIAL JUSTICE APPROACH EMPHASIZES REDISTRIBUTING THE

LEVEL OF ACCESS STUDENTS HAVE TO OPPORTUNITIES ... AND

CHALLENGING THE IMPLEMENTATION OF POLICIES THAT HINDER THEIR SUCCESS.

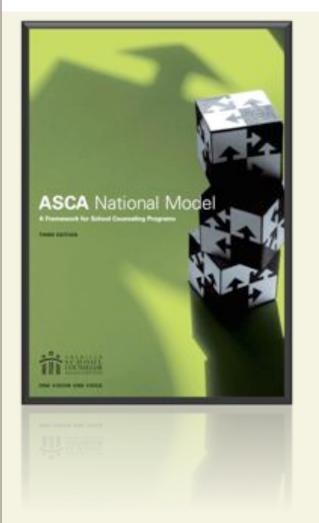
#### Young Men of Color 4-5 page APA Paper

- Interview a first generation student (grade 9-12)
- Different race/ethnicity than own; discuss college/career readiness.
- Meet a second time to do an activity and reflect on the process.
- 1. **Prepare questions** to discover students' aspirations, opportunities and challenges when considering attending college.
- 2. Interview student on their experience so far in college prep process.
- 3. Review data representing the student's demographic likelihood of:
  - a) graduating college eligible; b) enrolling in post secondary;
  - c) graduating from post secondary institution.
- 4. Make suggestions for **student activity** in readiness preparation.
- 5. **Meet again** to debrief and *activity* perhaps from the readings?
- 6. **Write your perceptions** of the students' level of interest, participation and engagement in the process and your reflections on the activity.

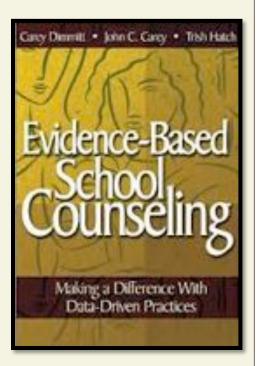
# Young Men of Color Assignment (Jovi)

- Reading Articles
- Analyzing data
- Relating to YMOC
- Jovi's student
- Goal setting exercise

# CSP 710B & CSP 730 ASCA National Model (2012)







# Is School Counseling a Profession? What does it mean to be a Professional?

Attitudes \_\_\_\_\_\_ Skills \_\_\_\_\_ Knowledge \_\_\_\_\_

Behavior Change

<u>Professional</u>: Conforming to the standards of skill, competence, or character normally expected of a properly qualified and experienced person in a work environment.

### **ASCA School Counselor Competencies**



#### ASCA School Counselor Competencies

he ASCA School Counselor Competencies outline the knowledge, abilities, skills and attitudes that ensure school counselors are equipped to meet the rigorous demands of the profession and the needs of pre-K-12 students. These competencies help ensure new and experienced school counselors are equipped to establish, maintain and enhance a comprehensive school counseling program addressing academic achievement, career planning and personal/social development.

#### School Counselors' Ethical Guidelines:

A.3.b. Ensure equitable academic, career, post-secondary access and personal/social opportunities for all students through the use of data to help close achievement gaps and opportunity gaps (ASCA, 2010b).



#### DISTRICT GOALS

| Good Arrests                   | Sementary                                                                                                                                       | Middle                                                                                                               | High                                                                                                                 |
|--------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| Americanos                     | \$5% naturalism in the number of<br>attaches for muslers literatified as<br>truent (6 or more lineaused)<br>Attaches (2.1 – 23)                 | Hiteraturalistic transpose officials<br>unaccusarial sension (2 or more) for all<br>students Quarter 2 to Quarter 3. |                                                                                                                      |
| Between                        | JER reduction in school write<br>disclaims, efficient for conflict in<br>grades 3, 4, 5 from (s) = (p)                                          | JEN-reduction in the number of report<br>offences by studently with multiple<br>behaviors referred                   |                                                                                                                      |
| betavar                        | 20% personnin i glacigina (afecia)<br>for an elakutuderra (5 or more<br>referrets or 1 or more paggi selva<br>participata in social diffegroups |                                                                                                                      |                                                                                                                      |
| Buth Bills/foresers            | 20% increase in positive report parts<br>marks in areas of <u>homework</u><br><u>sampledge</u> , multivation and multy<br>parts from Q1-Q2      |                                                                                                                      |                                                                                                                      |
| Artistament fested<br>(Initial |                                                                                                                                                 |                                                                                                                      | ANN characters in the percentage of<br>students who gapts for TANSA (company<br>2003 to 2002)                        |
| Achievament (Cradital          |                                                                                                                                                 | 20% reduction in the number of the<br>musterns equal-missing at risk (below 2.0)<br>SP4(From Quarter 1 to Quarter 5  | APR reduction in the number of P <sup>*</sup> grade<br>modernic gualantiques at the feeting 2 of<br>GPA ( from QL-QE |
| Arrianement (Shelistian)       |                                                                                                                                                 |                                                                                                                      | JOH valuation in the number of seniors<br>who are NOT on target to graduate from<br>CO = OH                          |
| Hatch, T. (2013).              |                                                                                                                                                 |                                                                                                                      | 30% increase in the participant museum and one main for callings himselving 2010 to 2011/10 (2011)                   |



l'ier 4: Specially Designed Instruction

Special Education

Tier 3:

**Intensive** 

Interventions

**FEW Students** 

Pyramid of Interventions (RtI)

Refer Out' ERY FEW

School Counseling **Pyramid** 

Individual Support **FEW** 

Tier 2: Targeted Interventions **SOME Students** 

**Intentional Guidance** Individual, group, etc. (SOME kids need *more*)

Tier 1:

Performance Based Instruction for ALL Students

Classroom Guidance Curriculum All kids get this **CORE Curriculum for ALL** 

## **Action Plans - 2 Types**



Planned School Counseling Core Curriculum

OEvery student, by virtue of BREATHING

- Intentional Guidance Activities (Intervention)
  - Some kids need MORE



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#### School-wide Curriculum





#### School Counseling Core Curriculum Action Plan

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Lessons and Activities Related to Goal:

| Cracks<br>Local | Law San                                         | James Wil for Presented In | ASCA Domain, Standard | Controlors and<br>Managing                             | Program Ramillon | Paris<br>(Propertied<br>transfer of<br>students<br>affected) | Perception Data<br>(Types of<br>sanstyn/<br>assessments to<br>be used) | Detrome Data (Achievement, attendence<br>and/or behavior data to be trollected)                                    | Contact Parson |
|-----------------|-------------------------------------------------|----------------------------|-----------------------|--------------------------------------------------------|------------------|--------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------|
| Steh            | Connecting to Hoover                            | English                    | Personal/Social       | "School<br>Connectedness"                              | 7-Nov            | All                                                          | Pre/Post<br>OKS                                                        | Achievement Related Actendance, No<br>students who completed the challenge;<br>behavior referrals Achievement; GPA | HuMaRo         |
| 9th             | Freshman Time Line & GPA                        | Periods 1-6/ English       | Academic              | powerpoint and<br>timeline worksheet                   | 8-001            | 9                                                            | Pre/Post<br>Assesment                                                  | SPA; # of thestenan on target.                                                                                     | GU .           |
| 9th             | 9ch Grade ACT Explore                           | Periods 1-6/ English       | College/Career        | powerpaint and<br>ACT Explore<br>website/workbook      | 17-0ct           | *                                                            | Pre/Post<br>Assesment                                                  | # of students that erroll in ACT. Explore<br>classes                                                               | GU             |
| 9th             | Link Crew- "If you don't<br>ASK, you don't GET" | Periods 1-6/ English       | Personal/Social       | Candy ber for the<br>activity; powerpoint              | 31-0ct           | 9, 11, 12                                                    | Pre/Fost<br>Assesment                                                  | homework completion; progress grades                                                                               | HarLe Team     |
| 9th             | 9th grade- Suicide<br>Prevention                | Periods 1-6/English        | Personal/Social       | powerpoint, yellow<br>ribbons, "reaching<br>out!" next | 5-Nov            | 9                                                            | Pre/Post<br>Assesment                                                  | # of referralic academic grades                                                                                    | District       |
| 9th             | 9ch Grade TUPE Sexual<br>Haracoment Prev. A-Z   | Period 3                   | Personal/Social       | powerpoint,<br>incentive prizes                        | November         | *                                                            | Pne/Post<br>Assesment                                                  | # of referrals                                                                                                     | District       |
| 9th:            | 9th Grade Horsitic SMART<br>goals               | Periods 1-6/English        | Personal/Social       | powerpoint, SMART<br>worksheets                        | 10-Dec           | 9                                                            | Fne/Fost<br>Assesment                                                  | # of completed SMART goals worksheets                                                                              | gu             |
| 9th             | 9th Grade Articulation/ LC<br>Presentations     | Periods 1-6 /English       | Academic              | powerpoint, course<br>plan worksheets                  | February         | 9                                                            | Pre/Post<br>Assesment                                                  | # of completed course plan and articulation                                                                        | All Counselor  |



#### Hatching Results Conceptual Diagram

**Process Data** 

Perception Data

Results Data

Competency **Attainment Data** 

<u>Achievement</u> Achievement **Related Data** Data

**Guidance Lessons** 

**Group Counseling** 

Who? What? When? Where?

How Long?

Skills

Knowledge

**Attitudes** 

Behavior Change

Attendance Discipline referrals-Parent Involvement-Homework completion Course enrollment patterns

SAT/ACT Scores Graduation rates GPA

AP Tests College prep

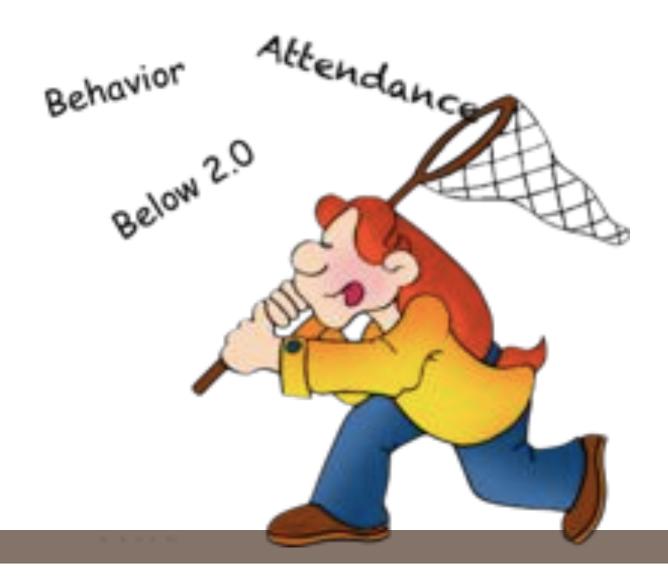
class completion

#### Guidance Curriculum

**Intentional Guidance (intervention)** 

Hatch, T (2006)

# **Collecting Data by Need**



#### Intervention for At-Risk Seniors



#### **Small Group Action Plan**

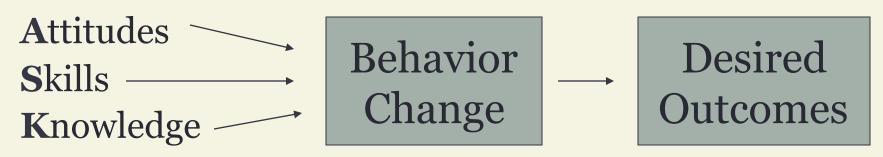
| School Name      | Hoover High Sch                             | nool                                                 |  |  |  |
|------------------|---------------------------------------------|------------------------------------------------------|--|--|--|
| Group Name       | Motivation and Study Skills                 |                                                      |  |  |  |
| Goal             | Increase GPA to at least 2.0                |                                                      |  |  |  |
| Target Group     | At Risk Seniors with GPA between 1.7 to 2.0 |                                                      |  |  |  |
| Data to Identify | Students                                    | Student-identified need from "At Risk" Senior Survey |  |  |  |



## Logic Model for Curriculum

Improving attitude, knowledge and skills leads to behavior change and improved student outcomes

Measure ASK



Hatch, T (2006)

# Hugo & Maia

• Flashlight on Student Engagement



#### Results are Necessary for Two Reasons:



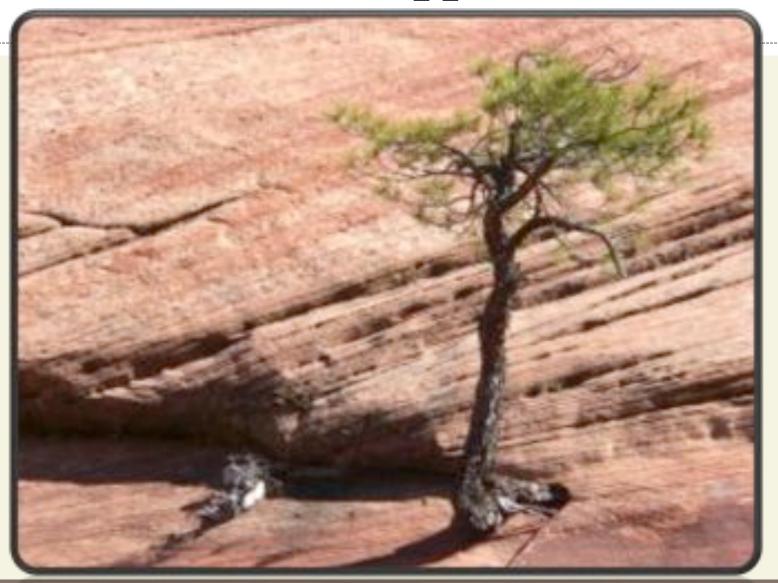
#### **Program Improvement**

- **▼**What works?
- **▼**What does not work?
- **▼** How to we improve?

#### Marketing

- **▼**Legislation
- **▼** District stakeholders
- **×**Policy makers

# **Obstacles and Opportunities**



"We need to be the change we want to see happen. We are the leaders we have been waiting for."

Gandhi

#### Contact:



#### Trish Hatch, Ph.D.

(619) 876-9538

or

thatch@mail.sdsu.edu