

# EQUITY BASED CAREER DEVELOPMENT

## EQUITY-FOCUSED GROUP COUNSELING STRATEGIES: PREPARING AFRICAN AMERICAN MALES FOR THEIR FIRST YEAR IN COLLEGE

1

Provide college preparation counseling, including guidance on the college application process, financial aid, and scholarships, specifically tailored to African American male students.



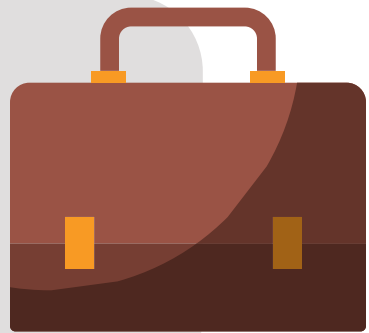
2

Utilize group counseling programs focused on college readiness, academic success, and career development to support African American males in their college preparation.



3

Offer career and personality assessments to help African American males identify suitable career paths and majors that align with their interests and strengths.



4

Encourage participation in college prep classes to equip African American males with the necessary academic skills and knowledge for success in college.



5

Provide mental health services to support African American males in managing the stress associated with college preparation and the transition to college, ensuring their well-being throughout the process.



### Sources

1. Day-Vines, N., Hicks, D., Steen, S. (2022) Equity-Focused Group Counseling Strategies: Preparing African American Males for Their First Year in College. In Hines, E. & Owen, L. (Eds.), Equity-Based career development and postsecondary transitions: An American imperative (pp. 463-492). Information Age Publishing.

2. [A Sense of Mattering: A Group Intervention for African American Boys](#)

3. [Preparing African American Males for College: A Group Counseling Approach](#)

