DIÁLOGOS VIRTUALES



A Lecture-Discussion Series on Diversity, Equity, Inclusion & the Global Dimensions of Education

INTERNATIONAL STUDENTS' CHALLENGES AND COPING STRATEGIES

Monday, November 15th • 12:00 - 1:00 p.m. PST • Zoom Registration



International students at U.S. universities often face a variety of challenges springing from culture shock, language barriers, and difficulties in securing internship and job placements. In this workshop, the facilitator and participants engage in a discussion on the challenges international students often experience in mental health and their personal and academic and professional relationships due to a multiplicity of factors. In addition, effective strategies for coping with these challenges are explored. International students, as well as faculty and staff members who engage with international student populations are encouraged to attend.



Chichun Lin, Psy.D. was born in Taiwan and currently lives in Canada. He earned a Doctorate of Psychology (Psy.D.) in Marital and Family Therapy (Alliant International University) and three Master's degrees in Counseling Psychology (East China Normal University), Marital and Family Therapy (Alliant International University), and Mental Health (Johns Hopkins University). Dr. Lin is an American Association for Marriage and Family Therapy approved supervisor and a registered clinical counsellor approved by British Columbia Association of Clinical Counsellors. Dr. Lin has published eight peer-reviewed journal articles focused on the social determinants of mental health issues among Asian gay men, Chinese college students, U.S. graduate students, and U.S. Police chiefs. He currently serves as a Postdoctoral Research Fellow at the University of British Columbia. His academic and clinical interests mainly pertain to mental and sexual health issues among marginalized populations.